

The 30-60-90 Career Growth Plan

“Get better at my job” is a wish. This turns it into moves — across learning, visibility, and results — in three 30-day stretches you can actually act on.

Your ninety days

DAYS 1–30 · LEARN

- ☐ Understand the work, the people, the priorities.
- ☐ Ask questions; take notes; find the real goals.

DAYS 31–60 · CONTRIBUTE

- ☐ Take a visible piece of work and do it well.
- ☐ Share updates so your impact is seen.

DAYS 61–90 · OWN

- ☐ Lead something end to end.
- ☐ Show results; line up what's next.

Across three lenses

- ☐ **Learning** — one skill or area you'll be visibly better at by day 90.
- ☐ **Visibility** — how the people who decide raises and promotions will see your work.
- ☐ **Results** — the one outcome you want to point to at the end.

My one headline goal for the quarter

Sources & further reading: Government of Canada Job Bank, “How to write a good resume” (jobbank.gc.ca). Practical guidance, not a guarantee — no template guarantees a reply or a job.

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